

**Protea colours** SJ, Jun and Open only, who get qualifying standard

Qualifying comps

SA Equipped Powerlifting Championships

Internationals

World Open Powerlifting Championships, Helsinki Iceland

11-17 November

Open Equipped Team

Equipped Powerlifting - Men	
MEN	Open
59	
66	
74	Marcel Vorster
83	
93	
105	
120	
120+	

Equipped Powerlifting - Women	
WOMEN	Open
47	
52	Alexa Pentopolous
57	Nicole Hassell
63	Megan Leighton Janel Daffue
69	Laura de Wet
76	
84	
84+	Jacqui Rees Christi Rees